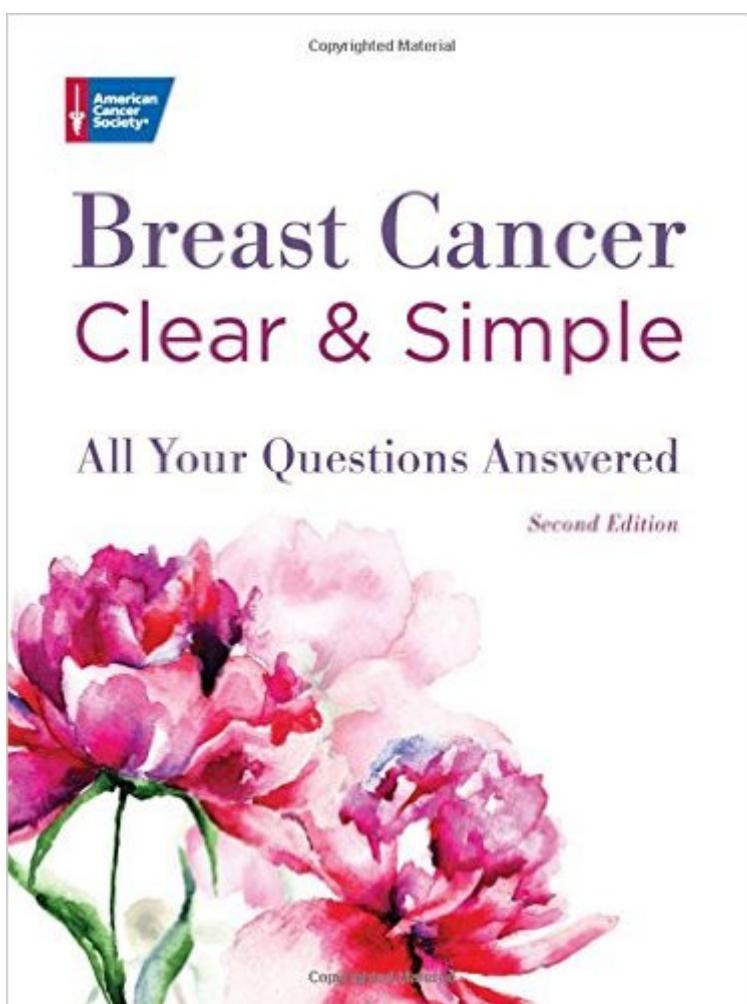


The book was found

# Breast Cancer Clear & Simple, Second Edition: All Your Questions Answered (Clear & Simple: All Your Questions Answered Series)



## Synopsis

A breast cancer resource for the newly diagnosed from the experts at the American Cancer Society. With an easy-to-understand, question-and-answer format, this book guides patients through the important decisions they'll need to make, from diagnosis through treatment. It helps women with breast cancer and their caregivers know what to expect, what to do, and how to get through what can be an overwhelming, life-changing experience. This new edition includes tips for choosing the right doctor, understanding treatment choices, dealing with the effects of treatment, seeking support groups, and much more. A list of specific resources for patients, as well as a glossary of terms related to breast cancer, is also included.

## Book Information

Series: Clear & Simple: All Your Questions Answered series

Paperback: 208 pages

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Language: English

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Product Dimensions: 6 x 0.6 x 7.9 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 starsÂ See all reviewsÂ (3 customer reviews)

Best Sellers Rank: #260,090 in Books (See Top 100 in Books) #55 in Books > Medical Books > Medicine > Preventive Medicine #87 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer #743 in Books > Health, Fitness & Dieting > Women's Health > General

## Customer Reviews

This is a quick & easy read, good for right after your diagnosis. Nothing too complicated, just straight forward answers. Has lots of good websites it refers to, but so does the American Cancer society website.

Most books like this are overwhelming or try to tell you too much too soon. This book has all the information in a very easy to understand way. The book also has room for notes and tells you how to talk to your doctors about the cancer. Overall, it is a very helpful, basic book, that I think could benefit anyone who feels that they want information in a way that is clearly stated and has the

authority of the experts at the cancer society.

There are many people who cure (themselves) from cancer (and other diseases, for that matter). A few things they all seem to have in common:They take responsibility for their health/sickness away from doctors or anyone else.They get rid of negative feelings (like anger, grudge, helplessness and, most of all, by doing this, FEAR). In other words, they CHANGE their lifestyle (most of the time they also take control of what they eat - which is where this book comes in handy).But most important (together with finding peace of mind):They give their body TIME TO HEAL ITSELF![...]Hope this will be of help for a few people.

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Breast Cancer Clear & Simple, Second edition: All Your Questions Answered (Clear & Simple: All Your Questions Answered series) Restorative Yoga For Breast Cancer Recovery: Gentle Flowing Yoga For Breast Health, Breast Cancer Related Fatigue & Lymphedema Management The Breast Cancer Survival Manual, Fifth Edition: A Step-by-Step Guide for Women with Newly Diagnosed Breast Cancer Breast Cancer and Iodine : How to Prevent and How to Survive Breast Cancer Breast Cancer and Me: The Hope-filled and Sometimes Humerous Story of a Breast Cancer Survivor I Am Not My Breast Cancer: Women Talk Openly About Love and Sex, Hair Loss and Weight Gain, Mothers and Daughters, and Being a Woman with Breast Cancer Cancer Survivorship Coping Tools - We'll Get you Through This: Tools for Cancer's Emotional Pain From a Melanoma and Breast Cancer Survivor Breast Cancer? Breast Health!: The Wise Woman Way (Wise Woman Herbal) The New Testosterone Treatment: How You and Your Doctor Can Fight Breast Cancer, Prostate Cancer, and Alzheimer's Fuck Off, Cancer: Breast Cancer Shaken not Stirred Easy Chicken Breast Cookbook: 50 Unique and Easy Chicken Breast Recipes What Your Doctor May Not Tell You About(TM): Breast Cancer: How Hormone Balance Can Help Save Your Life (What Your Doctor May Not Tell You About...(Paperback)) F'k Cancer - Coping & Coloring: The Adult Coloring Book Full of Stress-Relieving Coloring Pages to Support Cancer Survivors & Cancer Awareness ... Books & Swear Word Coloring Books) (Volume 6) The Whole-Food Guide for Breast Cancer Survivors: A Nutritional Approach to Preventing Recurrence (The New Harbinger Whole-Body Healing Series) The New Generation Breast Cancer Book: How to Navigate Your Diagnosis and Treatment Options-and Remain Optimistic-in an Age of Information Overload The Pink Ribbon Diet: A Revolutionary New Weight Loss Plan to Lower Your Breast Cancer Risk The Horse Training Problem Solver: Your questions answered about gaits, ground work, and attitude, in the arena and on the trail The Rabbit-Raising Problem Solver: Your Questions Answered about

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